



AUSTRALIA DAY CLASS SCHEDULE

**SATURDAY 26TH
JANUARY 2019**

TOTAL BODY SCULPT
7:45AM - (45MINS)

AB BLAST
8:15AM - (30MINS)

AUSSIE DAY ZUMBA®
9:00AM - (50MINS)

CORE YOGA
10:00AM - (60MINS)





AUSTRALIA DAY CLASS SCHEDULE

**SUNDAY 27TH
JANUARY 2019**

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NORMAL

**MONDAY 28TH
JANUARY 2019**

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30 IN 30
9:30AM - (40MINS)

CHISEL
10:10AM - (35MINS)

FAT BURNING YOGA
10:45AM - (60MINS)

